



CENTRAL ALBERTA HOCKEY LEAGUE

Executive Memorandum

November 6, 2020

To: To the Attention of All CAHL Member Associations and teams

Re: Update # 7 – CAHL COVID-19 Reporting process (for the 2020 -2021 Season)

Unfortunately, in this upcoming season the impacts of this infectious disease we are involved in will not be fair, will not be shared evenly by the participants nor will it be close to balanced as we are used to doing. Teams are going to miss games and it will not be their fault. Teams will miss out on cohort formation as teams have to be removed from play and while they self-isolate or quarantine. Attempted tiering efforts may extend indefinitely. This is all beyond our control, we are going to do our best with all the variables as we must manage to get players on the ice to play hockey.

As mentioned above, before we have even started playing League Games, we already have numerous cases of COVID-19 exposures within our teams and they have had to be removed from play. Unfortunately, we are finding out about them rather late in our processes and it is being a bit disruptive at present. This update is to clarify the process for reporting these cases and ensure we do not place anyone in situations that are not recommended.

Expected notification process when a team participant has, has been exposed or potentially has a positive exposure to a COVID-19 positive person(s)

- Exposed or infected participants will advise their team volunteers of the exposure and as well provide any information and direction given to them from Alberta Health Services (example – must self-isolate for 14 days).
- Team volunteers will notify their Governor, their Local Minor Hockey Association Executive and their CAHL Director of the exposure and current outcomes
- The Local Minor Hockey Association or the CAHL Director will advise the CAHL League President with as much of the following information as possible:
 - Date of known or potential exposure if known
 - Team affected or involved in the exposure
 - Has AHS been notified and their recommendations
 - Is AHS completing contact tracing on the event
 - Has testing of team members been recommended
 - Start and end date of any quarantine or self-isolation
 - Status of Arena Facilities
 - Does this affect other teams in the Association
 - Any additional actions taken by the Local Minor Hockey Association.
- During the Quarantine or self-isolation break any changes or additional positive cases or exposures are to be updated with the League President
- The League President will notify Hockey Alberta of the notification, actions and its outcomes. As well direct action(s) to ensure we do not place anyone in situations that are not recommended. This will also confirm the time the team will be self-isolated for.

The CAHL is obligated to ensure a 14-day isolation period has been completed prior to play of participants who are exposed or potentially exposed to COVID-19 or switching cohort groups. The CAHL is also obligated to inform and update Hockey Alberta on all of these occurrences and circumstances.

Please take the time to follow this process and please make sure the CAHL is notified in as timely a manner as possible.

This is a mandatory process that must be followed. Failure to notify the CAHL of exposures or potential COVID-19 exposures in a timely manner may result in extended self-isolation periods for the teams involved if any misunderstanding around isolation dates or AHS recommendations happen.

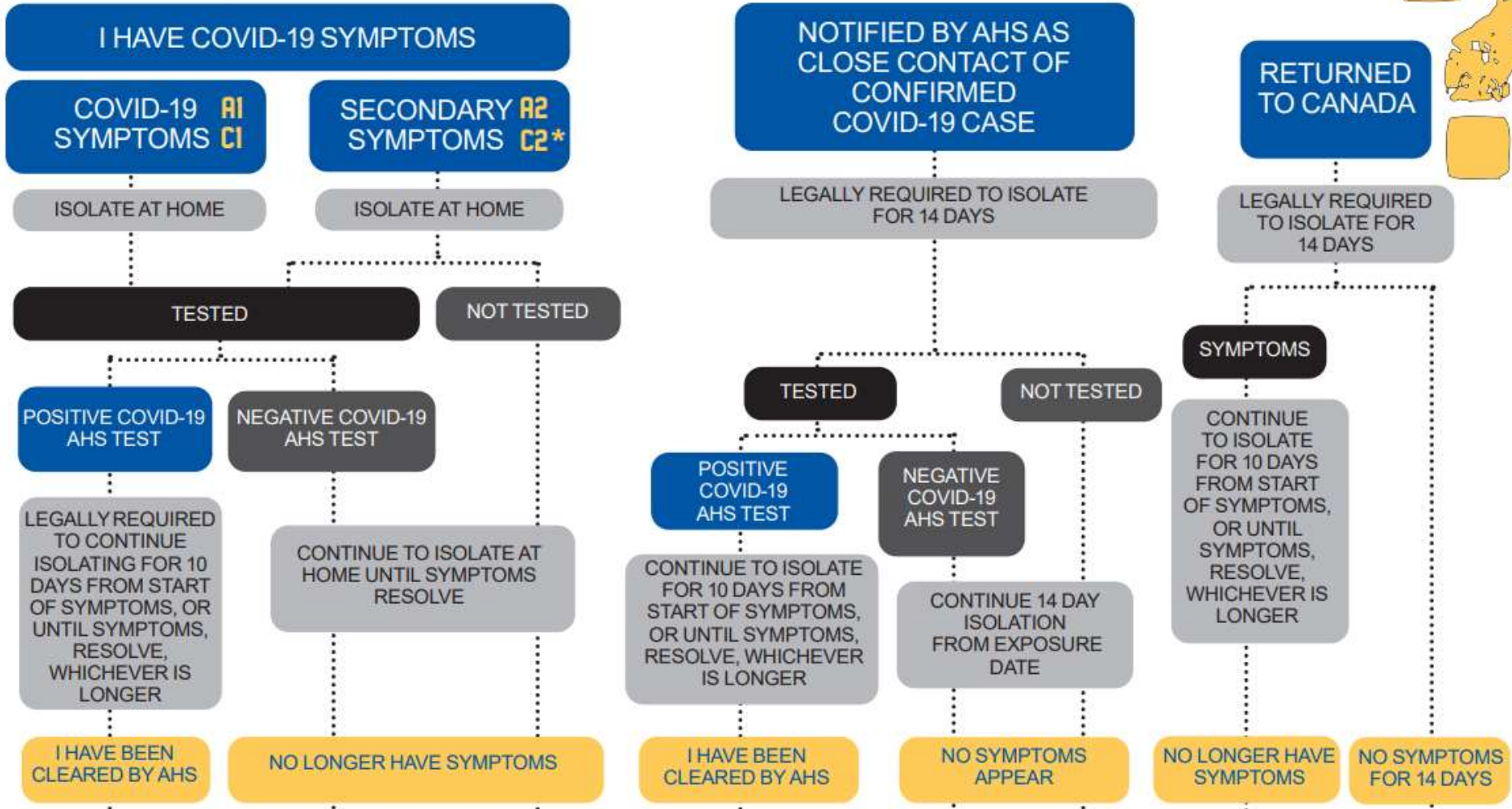
NOTE: If this information is not available, then the CAHL has been advised we are to count the 14-day isolation period as it will begin from the point we are first notified of the event not from the exposure or test date.

Thank you,

Terry Siverson
CAHL President
president@cahlhockey.net



CAN I PARTICIPATE IN HOCKEY



RETURN TO HOCKEY

HOCKEYALBERTA.CA

ALBERTA.CA/COVID-19

ADULT 18 YEARS AND OLDER

A1 COVID-19 SYMPTOMS
COUGH (NEW OR WORSENING), FEVER, SHORTNESS OF BREATH, RUNNY NOSE, SORE THROAT

A2 SECONDARY SYMPTOMS
CHILLS, PAINFUL SWALLOWING, STUFFY NOSE, HEADACHES, MUSCLE OR JOINT ACHES, FATIGUE OR SEVERE EXHAUSTION, LOSS OF SMELL OR TASTE, PINK EYE, GASTROINTESTINAL ISSUES

CHILD UNDER 18 YEARS

C1 COVID-19 SYMPTOMS
COUGH (NEW OR WORSENING), FEVER, SHORTNESS OF BREATH, LOSS OF SMELL OR TASTE

C2 SECONDARY SYMPTOMS
CHILLS, PAINFUL SWALLOWING, STUFFY NOSE, HEADACHES, MUSCLE OR JOINT ACHES, FATIGUE OR SEVERE EXHAUSTION, PINK EYE, GASTROINTESTINAL ISSUES, RUNNY NOSE, SORE THROAT

* ONLY 1 SECONDARY SYMPTOM, STAY HOME & MONITOR FOR 24 HOURS. IF IMPROVED AND FEEL WELL, RESUME ACTIVITIES. 2 OR MORE SECONDARY SYMPTOMS FOLLOW FLOW CHART